

Shape your world



Ritsumeikan
Asia Pacific University

How to Spend Your Time On-campus Safely (Requests for Students)

2022.04 APU Academic Affairs Committee

1. How to Spend Your Time On-campus Safely (Requests for Students)

- (1) Wear a mask made of a nonwoven fabric
- (2) Leave an appropriate amount of space between you and others (social distancing)
- (3) Avoid eating and drinking in large groups
- (4) Be thorough about the basic methods of preventing infection
- (5) If you can, get the vaccine.
- (6) Taking classes from the cafeteria is not allowed
- (7) Depending on your physical health, you may be able to take online classes.

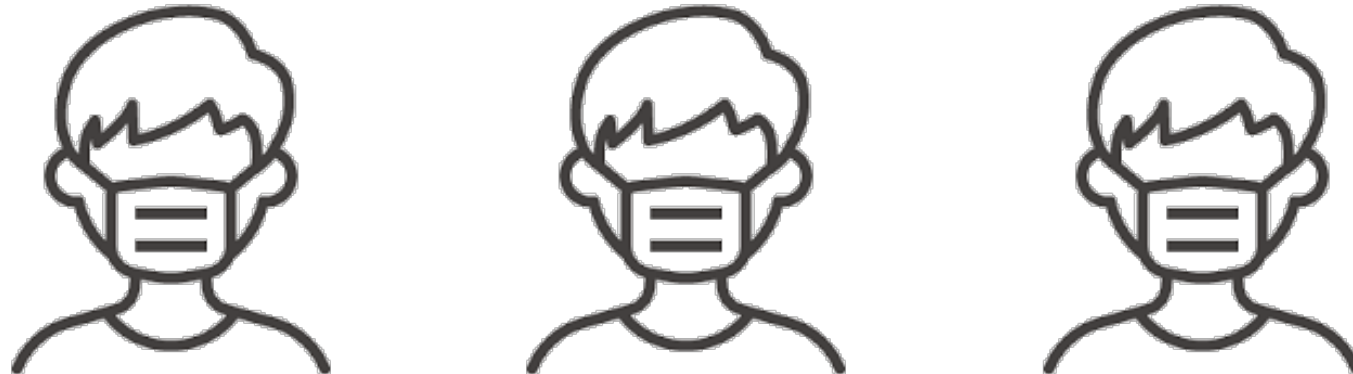
2. On-campus Life

- Due to the COVID-19 pandemic, classes at APU have mainly been online since 2020.
- From 2021, APU mostly offered hybrid classes, but there were still border restrictions, and students weren't able to experience the multicultural campus that typically exists at APU.
- From Spring 2022, as a general rule, APU has reinstated in-person classes, and many students have returned to campus.
- Everyone has been looking forward to spending time on the multicultural APU campus, but in order to do so safely, we need the cooperation of all students, and everyone at APU.
- In order to protect yourself and the people you care about from getting infected, we are once again asking everyone to take thorough precautions to prevent the spread of COVID-19.

3. Thorough Precautions to Prevent Infection

(1) **Wear a mask made of a nonwoven fabric**

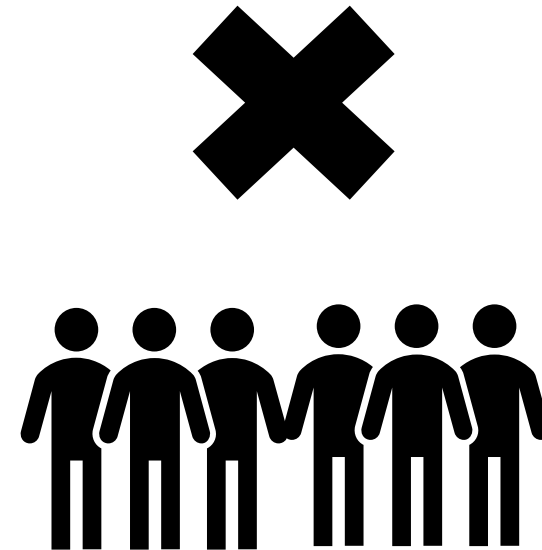
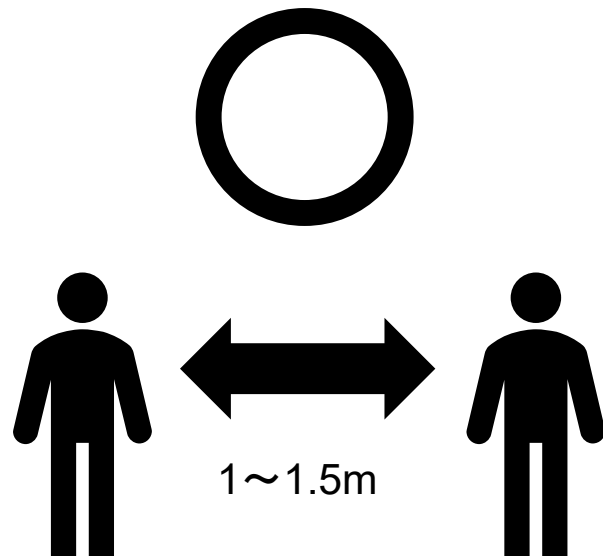
- When commuting to APU and when on campus, always wear a mask.
*Cloth masks and polyurethane masks have been shown to be less effective at preventing infection when compared to nonwoven masks.
- When eating with friends, be silent while your mask is removed. After you are finished eating, replace your mask and talk with your friends.



3. Thorough Precautions to Prevent Infection

(2) Leave an appropriate amount of space between you and others (social distancing)

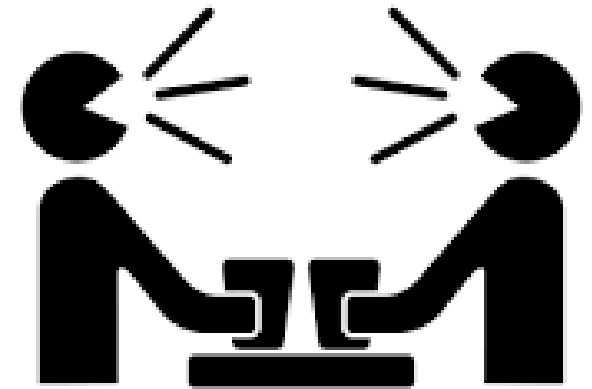
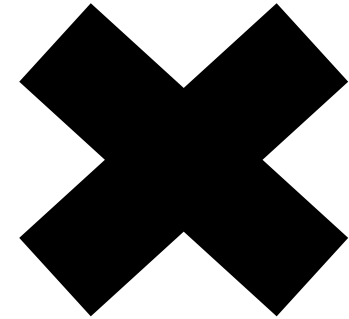
- Even if you are wearing a mask while speaking to friends or professors, leave an appropriate amount of space (at least 1-1.5 meters) between you.



3. Thorough Precautions to Prevent Infection

(3) Avoid eating and drinking in large groups

- Eating in groups poses the greatest risk of infection. You are probably meeting a lot of friends you have not seen in a long time, as well as many new people, and you may want to get to know them better over a meal. However, eating in large groups (more than 5 people) is not allowed.
- If you will eat with others, the maximum number of people who can sit at the same table is 4.
- Also, take appropriate measures to prevent the spread of COVID-19, such as wearing a mask while you are speaking, and at any times you are not eating. Make sure to keep meals with others short.



3. Thorough Precautions to Prevent Infection

(4) Be thorough about the basic methods of preventing infection

- Wash/disinfect your hands, avoid the “3 C’s”, and make sure your space is well ventilated. Be thorough when it comes to these basic methods of preventing infection.



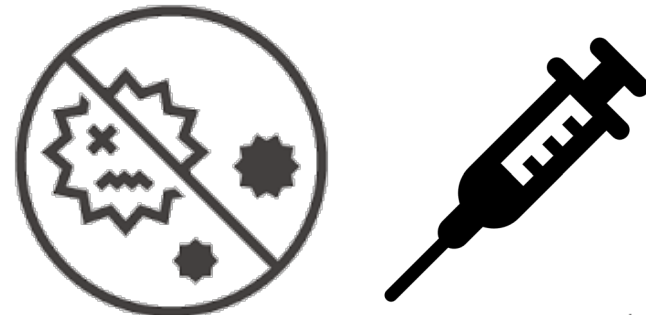
3. Thorough Precautions to Prevent Infection

(5) If you can, get the vaccine.

It has been shown that the COVID-19 vaccine is effective at preventing infection. Some people may be worried about the side effects, but if you have doubts, you should use trustworthy sources of information (such as the Ministry of Health, Labor and Welfare homepage) to deepen your understanding of the vaccine. If you are able, we urge you to get vaccinated.

Increasing the on-campus vaccination rate will lead to safer campus life!

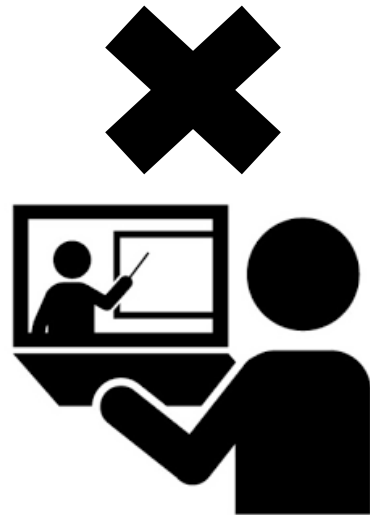
* To protect all participants from infection, some APU Off-campus Programs may require COVID-19 vaccination as a prerequisite to participation.



4. Other Notices/Requests

(1) Taking classes from the cafeteria is not allowed

- In order to prevent the spread of COVID-19, the cafeteria is at half its normal capacity (about 450 seats).
- After you are finished eating, quickly vacate your seat, so that students who will eat after you may have a place to sit. Also, you cannot take online classes from the cafeteria.



4. Other Notices/Requests

(2) If you feel unwell, it's possible to take online classes.

When you feel unwell, there is a chance that you may have COVID-19. In order to prevent the spread of COVID-19 on-campus, if you feel unwell, do not force yourself to commute to campus. First, fill out the [“Medical Condition Confirmation Sheet”](#) . After that, contact your professor, let them know that you feel unwell, and follow their instructions.

Depending on your physical health, you may be able to take online classes.

In addition, if you are infected with COVID-19, or if you suspect you may be infected with COVID-19, please fill out the above “Medical Condition Confirmation Sheet”.

