Taking Thorough Infection Control Measures During the Rapid Spread of COVID-19

As you all know, the number of people infected with the highly infectious omicron variant has been spiking since the end of last year, with the number of cases increasing rapidly nationwide. The number of cases has also been on the rise in Beppu and the rest of Oita Prefecture since the new year.

We have also been seeing new infections and close contacts among APU students almost daily since January 5. As of January 19, as many as 36 students have been infected since the beginning of the year, and there is concern that this number will continue to grow.

Students are being infected in various situations, such as trips home or travel, eating with friends, working at a part-time job, or from a family member. It is essential that you continue taking great care to avoid becoming infected or infecting others. We once again request that every student be very thorough with basic infection control measures such as wearing a non-woven fabric mask, avoiding the three C's, and ventilating indoor spaces.

- 1. Be consistent and thorough in preventing infection.
 - ① Take your temperature and monitor how you feel every day.
 - ② Wear a non-woven fabric mask.
 - 3 Always wear a mask when meeting with people and open a window if you are meeting in an indoor space.
 - Carefully judge the necessity of traveling to or from regions with high infection rates.
 - ⑤ Avoid going to crowded places and avoid situations with a high risk of infection.

2. If you feel ill

- ① If you feel even slightly ill, for example with a fever, headache, fatigue, or if your throat feels strange, please stay home and consult the APU Health Clinic. (contact: booking@apu.ac.jp)
- ② For Hybrid-style classes, please attend via Zoom. Do not attend in-person classes, and contact the instructor.

3. Dealing with Suspected Cases of COVID-19

Please email the APU Health Clinic for consultation after completing the Medical condition confirmation sheet. Don't go out for any reason.

○APU Health Clinic (Mon – Fri /10:00~17:00) booking@apu.ac.jp

On Saturdays, Sundays, public holidays, and nights, please consult the Oita

OPrefectural Consultation Center. (097-506-2755 / English available)