

Exploring Human Security through Phenomenological Research: A Brief Review

Otto F. von FEIGENBLATT

Nova Southeastern University

RCAPS Working Paper No. 09-8

January 2010

Ritsumeikan Center for Asia Pacific Studies (RCAPS), Ritsumeikan Asia Pacific University,

URL: <http://www.apu.ac.jp/rcaps/>

Abstract

The present paper explores how the concept of Human Security can be approached through phenomenology. First, two phenomenological studies dealing with perceptions of short, mid, and long term threats and structural violence are reviewed and analyzed. A brief literature review dealing with Human Security reveals a dearth of studies from a phenomenological perspective. Finally, a research plan for the study of Human Security is provided so as to show how an interdisciplinary paradigm usually studied from a critical or constructivist perspective can also be approached from a phenomenological point of view. The paper concludes that phenomenology can fill an important gap between theory and practice in terms of finding the link between individual perceptions of Human Security and critical studies of both underdevelopment and structural violence.

Keywords: Human Security, Phenomenology, Thailand, Insecurity, Absolute Deprivation

Exploring Human Security through Phenomenological Research: A Brief Review

by Otto F. von Feigenblatt, M.A., F.R.A.S.¹

Human Security refers to both “freedom from want” and “freedom from fear”. It is a concept that has influenced several fields such as international development studies, international relations, and security studies. The core of Human Security is the concern for the holistic wellbeing of the individual human being. In other words, Human Security asserts that in order for an individual to be safe and secure both positive and negative peaces are necessary. The following section reviews and analyzes two studies dealing with important aspects of Human Security from a phenomenological perspective.

Two Examples of Phenomenological Research related to Human Security

Suffering Child: An Embodiment of War and Its Aftermath in Post-Sandinista Nicaragua by James Quesada and *Hindu Nationalism, Untouchable Reform, and the Ritual Production of a South Indian Village* by Diane P. Mines are two phenomenological studies which deal with two important aspects of human security, namely “freedom from fear” and “freedom from want” (Mines, 2002; Quesada, 1998). The two studies were chosen for their holistic approach to experiences of insecurity and for the vivid descriptions they provide of the phenomenon of human insecurity. The following pages provide a brief summary of each

¹ Otto F. von Feigenblatt is an elected Fellow of the Royal Asiatic Society of Great Britain and Ireland (London, UK) as well as an Academician of the Constantinian Academy of Letters, Arts, and Sciences (Palermo, Italy). His work has appeared in several peer-reviewed academic journals and he has written several books about Japan, Human Security, and Regionalism. Currently he is completing a Ph.D. at Nova Southeastern University. The author can be contacted at: vonFeigenblatt@hotmail.com

paper as well as an analysis of how the phenomenological approach was applied to the research problems.

Quesada's study of the threats to the human security of a child and his family in post-Sandinista Nicaragua deals with the effects of war from a holistic perspective. The researcher was interested in the entire experience of life under extremely difficult conditions of poverty and structural violence. A phenomenological approach was chosen by Quesada so as fill an important gap in the literature. Most studies dealing with post-war societies concentrate on the experiences of adults and those few dealing with children approach the issue from a psychological perspective. According to Quesada, the result of this is that children's experiences are pathologized by mainstream psychological theories and therapy is prescribed as the most important policy solution (Moustakas, 1994; Quesada, 1998, p. 61).

Daniel, a ten year old boy, living in a shantytown in the outskirts of the Nicaraguan city of Matagalpa was interviewed and observed for almost a year in 1991. Quesada interacted with Daniel's family almost on a daily basis during fieldwork. Daniel was chosen as an appropriate co-researcher for the research problem at hand because of his age, family history, and socio-economic condition at the time of the field work. Both of his parents had supported the Sandinista revolution as combatants and Daniel had grown up during the golden years of the revolution. His family experienced a sharp downturn in fortune after the election of the conservative government of Violeta Chamorro and ended up losing everything and living a meager existence in a shantytown. The boy suffered from severe malnutrition, did not attend school, and played the role of father and caretaker for his family.

The vivid textural and structural descriptions provided by Quesada based on extended interviews with Daniel and his mother; show the chronic nature of the phenomenon of human insecurity from the point of view of the lived experience of Daniel (Moustakas, 1994). Physical violence and chronic hunger are tightly intertwined in Daniel's experience of his life. Quesada also provides the context of how the human insecurity came to happen, the civil war, the embargo, neo-liberal reform, inter alia. In summary Quesada's study shows that Daniel experienced his life after the war as defined by chronic "fear" and "want", the two opposites of human security. Finally, Daniel reaches the following conclusion about what to do with his life since he lacks human security:

Look at me, I'm all bones anyway, I'm already dying. I'm too small and I've stopped growing and I am another mouth to feed. My mother can't keep taking care of my brother and me, and I can't keep taking care of her. I can't do anything. So it would be better if I just died since that would help everyone (Quesada, 1998, p. 60).

A second example of a phenomenological study dealing with Human Security is *Hindu Nationalism, Untouchable Reform, and the Ritual Production of a South Indian Village* by Diane P. Mines (Mines, 2002). The study took place from 1989 to 1990 in the village of Yanaimangalam in the province of Tamilnadu, India (Mines, 2002, p. 58). Ritual production was the process that was studied but the specific phenomenon that was experienced was that of "empowerment". More specifically Diane P. Mines interviewed and observed how untouchables in Yanaimangalam organized a religious festival with the goal of achieving empowerment for their caste. Mines was interested in how villagers from the untouchable caste experienced the festival and therefore chose to conduct a phenomenological study of the event. Her goal was to elicit rich textural descriptions of the experience of empowerment and thus to better understand how the ritual elicited that feeling/experience. The study includes a thorough literature review

dealing with ethnographic studies of the region. Historical background of the marginalization of untouchables in the village as well as the entire country is also provided.

The study concludes that the untouchables in the villages experienced organizing their own religious festival as an empowering experience in which they achieved momentary equality vis a vis the other villagers. Moreover, by appropriating national symbols such as the untouchable hero, Ambedkar, they regained a sense of agency in their lives. By horizontalizing the descriptions provided by the co-researchers, Diane P. Mines was able to construct a proper textural and structural description of the experience of empowerment (Creswell, 2007, p. 60; Mines, 2002, p. 75; Moustakas, 1994).

The two studies reviewed deal with important aspects of human security from a phenomenological perspective. The experience of a lack of “Freedom from want” and “freedom from fear” are both addressed in the studies and thus complement the literature on the subject. A phenomenological approach provided rich descriptions of the experiences of “empowerment” and human insecurity from the point of view of those actually experiencing them.

Exploring the Phenomenon of Human Insecurity in the Thai South

Following the examples provided in the previous section a study of the phenomenon of Human Insecurity in the Thai South could be designed by following a phenomenological approach. Most research on this topic concentrates on the militants and security forces rather than on the experience of the children and adolescents living in areas affected by the insurgency (Glassman, 2005; Liow, 2006; "Thailand: Political Turmoil and the Southern Insurgency ", 2008; Yegar, 2002). The few studies dealing with the lived experiences of non-combatants follow an ethnographic approach (McCargo, 2008; Roux, 1998; Soldiers, 2008). Another group

of studies written from a critical perspective follow a constructivist approach and concentrate on the normative contestation involved in the struggle (Von Feigenblatt, 2009, 2010 (in press); Perkasa, 2008; Syukri, 1985). There is a clear gap in the literature in terms of a lack of studies dealing with how children and teenagers experience the turmoil. It would be fruitful to apply the human security theoretical framework to a phenomenological study of the previously mentioned phenomenon.

A Proposed Phenomenological Study of the Experience of Human Insecurity from the Point of view of Children and Teenagers in the Thai South

How do children and teenagers experience human insecurity in the Thai South? The previous question can be subdivided into two more specific questions dealing with the two main components of human security: How do children and teenagers experience the lack of “freedom from fear”? How do children and teenagers experience the lack of “freedom from want”? Based on the main research problem and two main questions, several phenomenological interview questions can be administered to participants in order to elicit rich descriptions of different aspects of the phenomenon labeled “human insecurity” (see appendix for sample interview questions). This proposed study would take place in the Deep South of Thailand over a period of one year and half and would involve at least ten co-researchers from the main provinces. Children and teenagers would be selected to participate in the study according to their life experiences so as to identify those who have experienced both a lack of “freedom from fear” and “freedom from want” due to the unrest in the region.

Conclusion

The present paper shows how the phenomenological approach can be applied to the study of the broad concept of human security. Two examples of phenomenological studies dealing with aspects of human security were provided and analyzed. A proposed plan for a research study dealing with the phenomenon of human insecurity from the point of view of children and

teenagers in the Thai South was also included. From a methodological perspective the research problem derives from both the literature review and the author's experiences in the region. Finally, the horizontalization involved in the phenomenological study of lived experience equalizes the discursive importance of the experiences of the co-researchers and is thus an excellent approach for studying the "subaltern", the marginalized, and the dependent (Moustakas, 1994).

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Appendix

Research Problem

How do children and teenagers experience human insecurity in the Thai South?

Subtopics

How do children and teenagers experience the lack of “freedom from fear”?

How do children and teenagers experience the lack of “freedom from want”?

Phenomenological Interview Questions

1. How did the experience of human insecurity affect you?
2. How did the experience of human insecurity affect your family and relatives?
3. Please describe the experience of human insecurity in the Thai South.
4. Please tell me about how you experienced the lack of “freedom from fear” or physical insecurity?
5. Please tell me about how you experienced the lack of “freedom from want” or absolute deprivation?
6. Is there anything else you would like to tell me about the experience of human insecurity?