

2026 Fall Health Checkups

Eligible Individuals: Students required to have a health checkup **have received a message via APU Email.**

When APU students have a health checkup?

You are required to get a health checkup every year **in all odd-numbered semesters.**

Students who are reinstated or readmitted and students who have completed their exchange program must take it in the semester you return to APU, even if it is an even-numbered semester.

Students who are graduating or taking a leave of absence during that semester are not eligible.

Initial registration for [HM-neo](#) is required.

If you have not yet registered, please review [the initial registration manual](#) posted on Student Services and complete the registration. After registering, please complete the health questionnaire on HM-neo before your health checkup. If you have not completed it, you will not be able to update your health checkup results.

About Health Examination Certificates

Health examination certificates can be issued from the Tuesday of the week following the health examination at the self-service kiosk for one year.

It may be required during job hunting or other situations.

《Cases in Which a Health Examination Certificate Cannot Be Issued》

- You have not undergone the health examination designated by the university.
- You have not completed the health questionnaire on HM-neo.
- You have not undergone a re-examination or in-depth examination—including those required due to abnormalities found in the health checkup—or the results have not been reported.
- You are currently on a leave of absence.

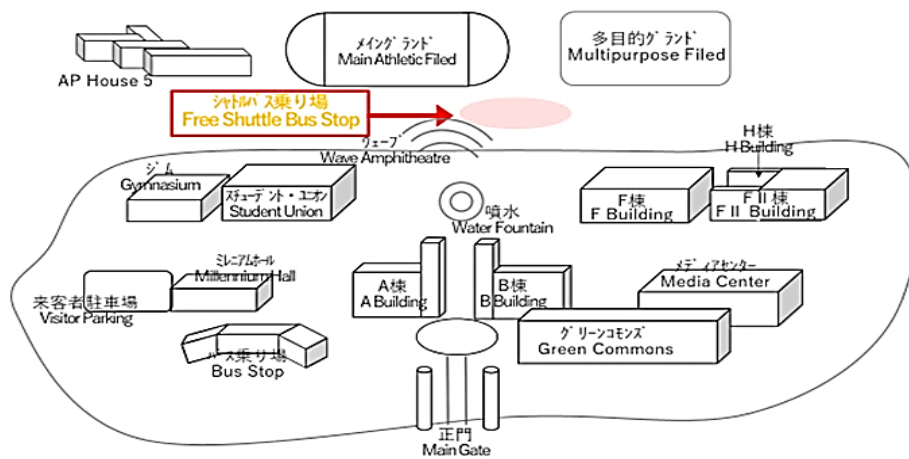
If NOT complete the health checkup during the designated period (includes all necessary follow-up examinations.)

- Scholarships that will be suspended for not completing the health checkup include:
APU Tuition Reduction Scholarship (100%, 80%, 65%, 50%, or 30% reduction), Domestic Students Academic Excellence Scholarship.

Schedule		
Schedule	Dates	Check-in Times
	Thursday Oct.1, Friday Oct.2, Monday Oct.5, Tuesday Oct.6, Wednesday Oct.7, Wednesday Oct.14, Friday Oct.16, Wednesday Oct.21, Friday Oct.23	PM 1:00-2:00
Appointment	Not Required * If you arrive after the reception hours, you will not be able to be seen. * Please pick up your urine test kit from the box located in the atrium of Building F or in front of the automatic doors at the APU Health Clinic by the day before your health checkup.	
Place	Oitaken Koseiren Kenko Kanri center; https://www.ok-kenkou.com/access/index.html	
Free Shuttle Bus	Available	

About the Free Shuttle Bus

しゅっぱつじかん APU:出発時間 Departure		けんしん どうちやくじかん 健診センター: 到着時間 Health Checkup center Arrive
12:30	→	13:00
13:00	→	13:30
13:30	→	14:00



This is a free shuttle bus connecting the Health Management Center and APU for health checkups. Departure times and destinations cannot be changed.

The bus stop at APU is located under the outdoor stage (The Wave).

The departure time for the bus returning from the Health Checkup Center to APU varies depending on the number of people who have completed their health checkups at that time. Please check with the bus driver on the day of the event.

For inquiries regarding the Health Checkup, please contact the APU Health Clinic!

Opening hours: 10:00am~5:00pm, Monday to Friday Email ; booking@apu.ac.jp



The purpose of the health checkup is to help you better understand and maintain your health and to detect any health problems as early as possible.

Getting regular checkups will help you stay healthy while at APU. Having a good understanding of the state of your health and learning how to manage your health by cultivating a healthier lifestyle will allow you to lead a fuller university life. Health checkups play an important role in preventing and controlling infection at APU.