

Periodical Health Checkups for the 2026 spring semester

When APU students have a health checkup?

You are required to get a health checkup every year in your **odd-numbered semesters**. Students who are reinstated or readmitted and students who have completed their exchange program, more than one semester, must take it in the semester you return to APU, even if it is an even-numbered semester. (**Returnee Health Checkup**)



Eligible Students are who have received an Email to the APU email address.

- * The following information is for students who are registered at APU in the **2026 Spring Semester**, not intended for students who will be graduating in March 2026, or taking or planning on taking a leave of absence in the **2026 Spring Semester**.
- Students **in an odd-numbered semester** in **2026 Spring Semester**
- Students who are reinstated or readmitted in **2026 Spring Semester**, and students who finished a Student Exchange Program in the end of **2025 Fall semester**.

IMPORTANT

- All students **required to have a Returnee Health Checkup in their even-numbered semester, in the 2025 Fall Semester** when being reinstated or readmitted, or returning from a study abroad program also **must have a health checkup in the 2026 Spring Semester**.
- **Not require** for students who have completed a health checkup during the early period.

🕒 **Reservation via [the HM-neo](#) is required to have the APU health checkup**

※ You need to register to use the system. If you have not registered yet, please checkup [the Manual](#) on the **Student Services web page** and complete the process for new registration.

If you do not complete the health checkup during the designated period;

Note: The health checkup also includes all necessary follow-up examinations.

- APU will not issue medical certificates to students who do not complete the health checkup.
- Scholarships for the **2026 Fall Semester** may be **SUSPENDED**. Scholarships that will be suspended for not completing the health checkup include:
 - **APU Tuition Reduction Scholarship (100%, 80%, 65%, 50%, or 30% reduction)**
 - **Domestic Students Academic Excellence Scholarship**

The purpose of the health checkup is to help you better understand and maintain your health and to detect any health problems as early as possible.

Getting health checkups regularly will help you stay healthy while at APU.

A good understanding of your health and awareness of the need to take care of your health condition is essential for a more fulfilling college experience.

Also, health checkups play an important role in preventing and controlling infection at APU.

Health Checkup Certificate

Students can obtain a **health checkup certificate** from the automatic certificate dispenser **starting Tuesday of the week following your health checkup** if you **also completed your health questionnaire**.


Cases you are not able to obtain the health checkup certificate although you have completed your health checkup;

1. You are required additional examinations or detailed examinations for the abnormalities on your health checkup result. You will be able to obtain a health checkup certificate after the result of re-test or detailed examination is submitted.
2. During the period of leave of absence.

Health Checkup Schedules

Submit **your first urine** after you wake up as a sample for your urine test.

Please get **a urine test kit** from the box located in front of the APU Health Clinic **by the day before your health checkup**.

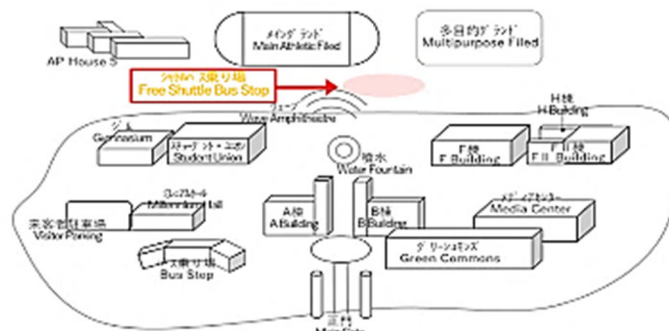
Periodic Health Checkup			
Schedule	Check-in Times	Appointment	Free Shuttle Bus
Friday, April 3 Monday, April 13 ~ Friday, April 17	AM 8:30 - 10:00 PM 13:00-14:00	Required via HM-neo	Available
Monday, April 6 ~ Friday, April 10	AM 8:30 - 10:00		
<p>※ You are NOT able to have a health checkup after passing the reception hours.</p> <p>※ Graduating students who are required to have a vision test should go to the health checkup in the morning if possible.</p>			
Place	Oitaken Koseiren Kenko Kanri center; https://www.ok-kenkou.com/access/index.html		

Free Shuttle Buses

The **free shuttle bus** runs from APU to Oitaken Kouseiren Kenko Kanri Center. Therefore, the departure times and destinations cannot be changed for your convenience.

Shuttle buses will be available in the area between the Wave Amphitheater and the main athletic field at APU.

The departure time of the bus returning from the Health Checkup Center to APU varies depending on the number of people who have completed their health checkups at that time. Please confirm with the driver on the day.



Bus Timetable

Friday, April 3,
Monday, April 13 ~ Friday, April 17

APU :出発時間 Departure		けんしん 健康センター :到着時間 Health Checkup center Arrive
8:00	→	8:30
8:30	→	9:00
9:00	→	9:30
9:30	→	10:00
ひるきゅうけい 昼休憩 Lunch Break		
12:30	→	13:00
13:00	→	13:30
13:30	→	14:00

Monday, April 6 ~ Friday, April 10

APU :出発時間 Departure		けんしん 健康センター :到着時間 Health Checkup center Arrive
8:00	→	8:30
8:30	→	9:00
9:00	→	9:30
9:30	→	10:00



🕒 10am ~ 5pm

✉ booking@apu.ac.jp